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**Measurements** \_\_\_\_\_ « \_\_\_\_\_ » \_\_\_\_\_ **200**\_\_.

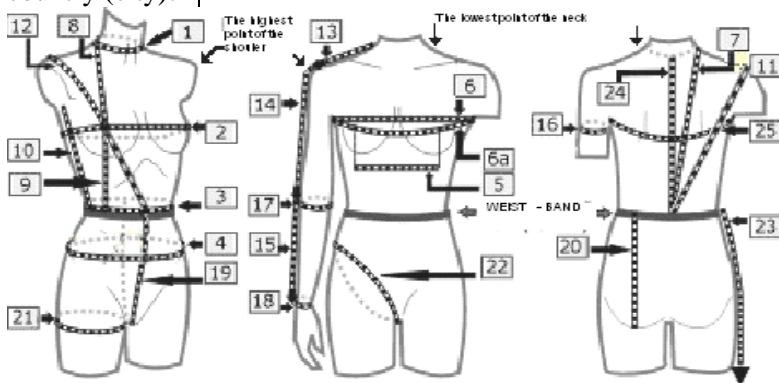
name of the product

Name of the customer

Country:  Postal code:  City:

Postal address:

Telephone code of country (city):  E-mail:



Necessarily fix the adjusting elastic waist-band around the waist!

All measurements should be taken rather tight on the prominent points (chest, shoulder blades, buttocks, abdomen)

**See explanations at page 2.**

Age:  Height:  Shoe size:

N	Name	Measurement in cm.	N	Name	Measurement in cm.
1	Neck girth.		13	Shoulder length.	
2	Chest.		14	The down-to-elbow length.	
3	Waist girth.		15	The down-to-wrist length.	
4	Hips girth.		16	The arm girth.	
5	Chest center.		17	The elbow joint girth.	
6	Chest width I.		18	The wrist girth.	
6a	Chest width II		19	The seat depth.	
7	The oblique shoulder height – back I.		20	The seat height	
8	The chest height.		21	The hip girth	
9	The fore-part waist length.		22	The oblique hip girth	
10	The flank height.		23	The length of the product.	
11	The oblique shoulder height – back II.		24	The height of the back.	
12	The oblique shoulder height – front		25	The width of the back.	

You can have consultation about taking measurements. Call us on work days or by e-mail  
**Filled in chart you are to send to AJOUR** by e-mail to the address: [oksanabaltacha@yahoo.co.uk](mailto:oksanabaltacha@yahoo.co.uk)

### Explanations:

<b>N</b>	<b>Name</b>	<b>Explanation.</b>
1	Neck girth.	
2	Chest girth.	Taking high points of shoulder-blades and chest.
3	Waist girth	
4	Hips girth.	Taking high points of buttocks and abdomen.
5	Chest center.	
6	Chest width I.	The distance between arm-pits, the most narrow space. It is taking with arms down.
6a	Chest width II.	The distance between arm-pits taking high points of chest. It is taking with arms down.
7	The oblique shoulder height – back I.	These 3 measurements (7, 8, and 9) are to be taken with the single touch of tape-measure from the crossing point of waist-band and backbone to the lowest point of the neck (7), then to the chest center (8) and after this to the adjusting waist-band (9).
8	The chest height	
9	The fore-part waist length.	
10	The flank height.	From the edge of the ruler to the adjusting waist-band. Put under the arm a flat thing (ruler or hair-brush). Measure the distance from the edge of ruler to the adjusting waist-band.
11	The oblique shoulder height – back II.	These 2 measurements (11 and 12) are to be taken with the single touch of tape-measure from the crossing point of waist-line and backbone through the shoulder-blade to the highest point of the shoulder (11), then through the highest point of the chest to the adjusting waist-band (12).
12.	The oblique shoulder height – front.	
13.	Shoulder length.	These 3 measurements (13, 14, and 15) are to be taken with the single touch of the tape-measure from the neck basis to the highest point of the shoulder (13) down to the elbow (14) and then to the wrist (15). They are measured with arms down.
14.	The down-to-elbow length.	
15	The down-to-wrist length.	
16	The arm girth.	On the arm-pit level.
17	The elbow joint girth.	
18	The wrist girth.	
19.	The seat depth.	The tape-measure should be put between legs and pulled tightly from the waist-band back point to the waist-band fore-part point.
20	The seat height (for trousers)	
21.	The hip girth (for trousers)	
22	The oblique hip girth (for trousers).	
23	The length of the product.	From the adjusting waist-band to the desirable length at the side.
24	The height of the back.	From the 7-th neck vertebra down to the adjusting waist-band.
25	The width of the back.	The distance between the arm-pits through the shoulder-blades. It is taking with arms down.